



B.K. BIRLA CENTRE FOR EDUCATION

SARALA BIRLA GROUP OF SCHOOLS
A CBSE DAY-CUM-BOYS' RESIDENTIAL SCHOOL

PERIODIC TEST 1 (2025-26)
SUBJECT: EVS(Ans key)

Class: III

Date: 01/07/2025

Admission no.:

General Instructions:

Duration: 1 hr

Max Marks: 25

Roll no. :

* Attempt questions based on specific instructions for each part.

I. Fill in the blanks.

1 x 5

(water, woollen, plants, artificial fibres., energy)

1. Natural fibre obtained from **plants** and animals.
2. Carbohydrates give us the **energy** to do our daily work.
3. We should drink lots of **water** everyday.
4. We wear **woollen** clothes in winter.
5. Fibres that are made by humans are called **artificial fibres**.

II. Match the following.

1 x 5

A

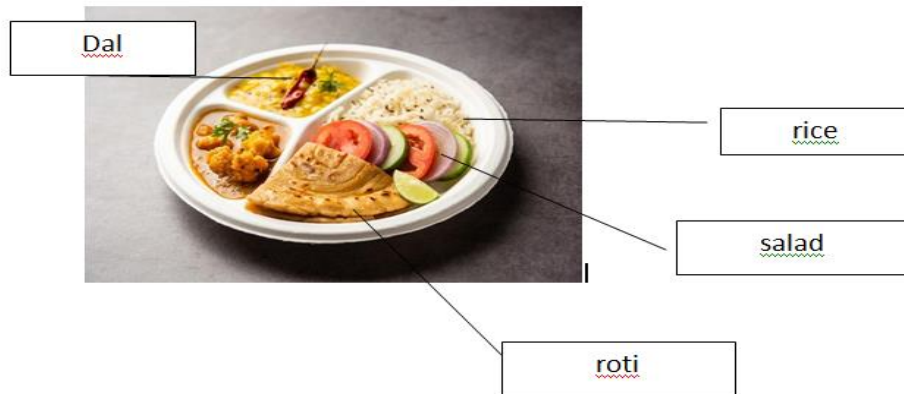
B

- | | | |
|---------------------|---|---------------------------------|
| 1. Kuccha house | c | a. fish |
| 2. Roughage | d | b. fruits and vegetables |
| 3. Proteins | a | c. mud, dry grass, bamboo |
| 4. silk | e | d. Helps remove undigested food |
| 5. Protective foods | b | e. natural fibre |

III Answer these questions.

2 x 3

1. From the food item shown in the image , choose and write the names of the following:



- a) The food that provides energy - _____ Roti, rice
- b) The food that is rich in protein - _____ Dal
2. Give two examples of each type of fibres.

Natural fibre	Artificial fibre
cotton	Nylon
silk	Polyester

3. Name two things we wear during monsoon and explain why they are useful.

A raincoat and gumboots

It protects us from rain because it is made from waterproof materials such as rubber and nylon, which do not allow water to pass through.

IV Answer these questions.

3 x 3

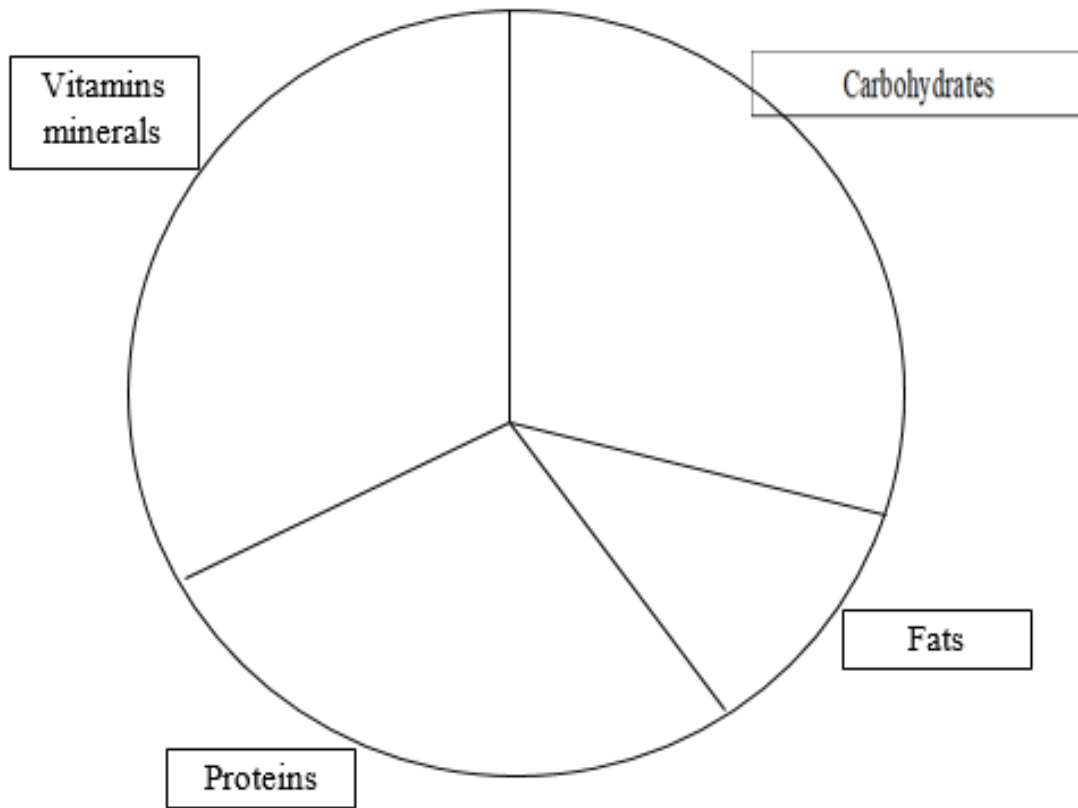
1. Write any three healthy eating habits.

We should wash our hands with soap before and after we eat

We should always keep food covered.

We should eat balanced meals everyday and not waste food.

2. Draw and colour the proper food item in a given meal plate.



3. List any three ways in which we can keep our house clean.

Three ways in which we can keep our house clean are:

1. Dusting all surfaces every day
2. Cleaning the floor daily with a disinfectant
3. Keeping the bathroom dry and clean